

## Excursion 5 – Zen Experience Tour

11:00 ● Depart Hotel Okura Kyoto



11:30 ~ ● Lunch at Junsei

13:00

### Restaurant “Junsei”

Enjoy traditional Kyoto tofu cuisine surrounded by a beautiful, tranquil garden.



13:45 ~ ● Visit Nijo-jo Castle + Group photo

14:30



### Nijo-jo Castle

Visit a historical castle that symbolizes the rise and fall of the samurai era and take a group photo of all participants there.

15:00 ~ ● Visit Kennin-ji Temple

16:00

### Zen Experience

Zazen is Zen meditation sitting in stillness. By focusing on breath and letting go of thoughts, you find inner peace and mindfulness.



16:15 ~ ● Visit Yasaka Shrine

17:45



### Yasaka Shrine

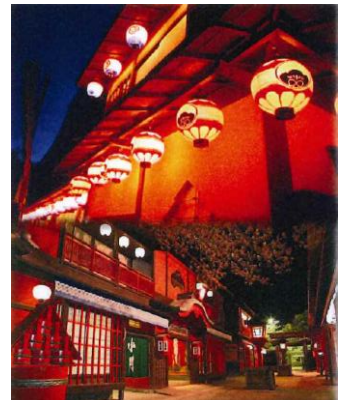
A famous Shinto shrine in Kyoto's Gion district, known for its vibrant red gate and hosting the Gion Matsuri festival.

18:30 ~ ● Dinner at Uzumasa Kyoto Village

21:00

### Dinner at Uzumasa Kyoto

Discover Kyoto's film district, possibly including Toei Kyoto Studio Park for samurai/ninja experiences.



21:30 ● Arrive Hotel Okura Kyoto